

Genito-pelvic pain/penetration Disorder (GPPPD) / Vaginismus Assessment

Please circle around the answer, which is more related to you.

1- Do you have any physical illnesses?

A- No B- Yes If yes, which one? _____ .

2- Are you currently taking any kind of medication?

A- No B- Yes If yes, what kind? _____ .

3 – Are you sexually active?

A- Not at all
B- Some of the time
C- Frequently
D- Almost Always

4 - Do you think or fantasize about sex?

A- Not at all
B- Some of the time
C- Frequently
D- Almost Always

5 - Are you able to become aroused?

A- Not at all
B- some of the time
C- Frequently
D- Almost Always

6 - Do you have difficulty remaining aroused during sex?

A- Not at all
B- some of the time
C- Frequently
D- Almost Always

7 - Do you experience vaginal lubrication / dryness during sex?

- A- Not at all
- B- some of the time
- C- Frequently
- D- Almost Always

8 - Do you have a difficulty reaching orgasm?

- A- Not at all
- B- some of the time
- C- Frequently
- D- Almost Always

9 - Do you enjoy having sex with your partner?

- A- Not at all
- B- some of the time
- C- Frequently
- D- Almost Always

10 - Do you masturbate?

- A- Not at all
- B- some of the time
- C- Frequently
- D- Almost Always

11 - Do you worry about your sexual responsiveness?

- A- Not at all
- B- some of the time
- C- Frequently
- D- Almost Always

12 - Do you feel frightened about having sex?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

13 - Do you experience vaginal pain during intercourse?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

14 - Do you desire to have sex?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

15 - Do you initiate the first overtures for sex?

- A- Not at all
- B- Sometime
- C- Frequently
- D- All the time

16 - When do you have sex?

- A- With mutual agreement / Pre-set time
- B- Only when the whim hits me
- C- When indicated by my mate/partner
- D- At a preset time

17 - Do you believe you have the right to reject an invitation to sex?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

18 - Do you experience orgasms?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

19 - Do you need to drink prior to having sex?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

20 - Do you need to smoke cigarettes prior to having sex?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

21 - Do you need to take any other drugs, legal or illegal prior to having sex?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

22 - Do you have shame or guilt prior to or subsequent to having sex?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

23 - Does fear of pregnancy causes you to be apprehensive about having sex?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

24 - Does fear of sexually transmitted diseases causes you to be apprehensive about having sex?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

25 - Do you experience a decreasing desire for sex?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

26 - Do you ever feel forced to have sex?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

27 - Do you desire foreplay?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

28 – Has your husband/boyfriend ever hit you ?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

29 - Do you follow male sexual dominance even though you disagree with it?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

30 - Do you have an aversion to be touched?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost always

31 – Your attitude about sex originated from....?

- A- Parents
- B- Spouse/mate
- C- Religious teachings
- D- Friends
- E- Professional opinion

32 - Are you confused about your role as a sex partner?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

33 - What did you learn about the role of sex in a relationship?

- A- Male pleasure
- B- Female pleasure
- C- Pleasure of both
- D- None of the above

34 - Do you think women should keep their virginity until they get married?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

35 - How did you feel when you lost your virginity?

- A- Confused
- B- Afraid
- C- Fulfilled
- D- Relieved

36 - When did you learn about sex?

- A- At an early age
- B- As a teenager
- C- When I got married
- D- When I had sex for the first time.

37 - Do you keep your body covered during sex?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

38 - As a teenager, with whom could you talk about sex?

- A- Openly with both parents
- B- Only with women in my house
- C- My religious leader / My teacher
- D- No one

39 - As a teenager, how did you feel about wanting to have sex?

- A- Confused
- B- Like a slut / unworthy
- C- Unfit for motherhood
- D- Normal

40 - What is your general feeling about your body?

- A- Shame
- B- Respect
- C- Admiration
- D- Don't care

41 - Did your sex education prepare you for your role as a sexual woman?

- A- Completely/ thoroughly
- B- To some degree
- C- Poorly
- D- Not at all

42 – Is your sexual relationship satisfying to you?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

43 – Is your sexual relationship satisfying to your partner?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

44- Do you feel depressed?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

45- Do you feel comfortable during a gynecological exam?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

46- Do you feel pain during a gynecological exam?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

47- Are you able to remember most of your childhood?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

48- Were you a happy child as a result of your family's ethnic and religious background?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Almost Always

49 - Have you ever been sexually molested?

- A- Not at all
- B- Some of the time
- C- Frequently
- D- Many times

50 - Have you ever been raped?

- A- Not at all
- B- Happened one time
- C- Happened two or three times
- D- Happened multiple times

51 - If you have been sexually molested and/or raped, have you shared with anyone?

- A - Not applicable
- B - Yes, one person
- C - Yes, two or three people
- D - Yes, multiple people

52 - If you have been sexually molested and/or raped, have you had any psychological treatment?

- A - Not applicable
- B - No
- C - Yes, briefly
- D - Yes, consistently