The Phenomenology of Hypnosis
(Define the situation as hypnosis)

INTENSITY
3. More Vivid
4. Less Vivid

DISSOCIATION
5. "Things Just Happen."
6. "Apart from" & "A part of"
7. Destabilization (intermittent)

ATTENTION
1. Internal
2. Focused

RESPONSE
8. Minimal Cues/Implication
9. Search for Personal Meaning