















## Phenomenology of Hypnosis: The four "bases." • Guide attention: — Internal and focused • Alter intensity: — More or less vivid • Create dissociation: — "just happen", "apart from" and destabilization Modify responsiveness: Minimal cues and search for personal

## Phenomenology of Hypnosis: The "playing field." (Context) Define the situation as hypnosis and elicit the phenomenology Overtly Covertly The Phenomenology of Hypnosis Copyright 2004, Jeffrey K. Zeig, Ph.D. www.jeffzeig.com