The Phenomenology of Hypnosis

INTENSITY
1. Hypnotic
2. Physiological

DISSOCIATION
5. "Things Just Happen."
6. "Apart from" & "A part of"
7. Destabilization

ATTENTION
3. Internal
4. Focused

RESPONSE
8. Minimal Cues/Implication
9. Search for Personal Meaning

The Phenomenology of Hypnosis (Define the situation as hypnosis)

INTENSITY
1. Hypnotic
2. Physiological

DISSOCIATION
5. "Things Just Happen."
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RESPONSE
8. Minimal Cues/Implication
9. Search for Personal Meaning
The Phenomenology of Hypnosis
(The Posture of the Clinician)

- Intensity
  1. Hypnotic
  2. Daydream
  3. Low

- Attention
  1. Internal
  2. Focused

- Dissociation
  1. "Things Just Happen"
  2. "Apart from" & "A part of"
  3. Destabilization

- Response
  1. Minimal Cog/Implication
  2. Search for Personal Meaning

The Phenomenology of Hypnosis
(The "Pitcher")
In a "field" (context) defined as hypnosis

- Posture of the Clinician:
  - Emotional
  - Professional
  - Physical (glasses, hat)

- Intensity
  - Dissociation
  - Attention
  - Response

Phenomenology of Hypnosis:
The four "bases."

- Guide attention:
  - Internal and focused
- Alter intensity:
  - More or less vivid
- Create dissociation:
  - "Just happen", "apart from" and destabilization
- Modify responsiveness:
  - Minimal cues and search for personal
Phenomenology of Hypnosis: The “playing field.” (Context)

Define the situation as hypnosis and elicit the phenomenology
- Overtly
- Covertly

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