



## *Appendix C*

### A Preliminary Taxonomy of Eriksonian Developmental Attributes

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#### I. TRUST

##### Characteristics

Confidence  
Optimism  
Reliance on self and others  
Faith that the world can satisfy needs  
Sense of hope or belief in the attainability of wishes in spite of problems, without overestimation of results

##### As an adult

Optimistic, confident, reliance on self  
Faith that needs will be met somehow  
Sense of hope of attaining wishes without overestimation of results

#### II. AUTONOMY

##### Characteristics

Self-control over motor and sphincter muscles  
Ability to make & carry out decisions  
Can cope adequately with problems  
Can wait patiently  
Can give generously & can hold as indicated  
Can distinguish between own & other's wishes and possessions  
Has feelings of good will and pride

##### As an adult

Perceives ability to control own life,  
Self-directed, strong will, persistent

#### III. INITIATIVE

##### Characteristics

Enjoys activity  
Assertive  
Interest in learning  
Dependable

##### As an adult

Assertive, able to take initiative, can delay gratification; a problem-solver

#### MISTRUST

Lack of self-confidence  
Pessimism  
Dependent on others, clingy  
Suspicious  
Feeling that things won't turn out right

Withdrawn  
Easily hurt

Controlling, sarcastic, aggressive, pathologically optimistic, never satisfied emotionally, lack of self-confidence, suspicious.  
Bitterness towards others  
Antagonistic

#### SHAME AND DOUBT

Feelings of embarrassment, exposed, small, impotent, dirty  
Feelings of being fooled  
Feelings of wanting to hide  
Feelings of rage against self  
Defensive behaviors  
Uncertainty and mistrust  
Fear of unknown  
Lack of self-confidence

Feels nothing one does is good.  
Feels that others control one rather than one's control of self.  
Overly compliant but angry,  
Stubborn, aggressive, obstinate  
Impulsive  
Lack of responsibility  
Wants to get away with things

#### GUILT

Hesitates to participate in groups  
Defeatist attitude, hostile  
Feelings of being deterred  
Feels responsible when not  
Feelings of shame, being bad.

Conflict between ideal and real self  
Rigid superego, self-punishing.  
Bitterness toward restrictive adults

**IV INDUSTRY**Characteristics

Interest in doing the work of the world, feeling one can learn and solve problems.  
 Responsible work habits and attitudes.  
 Mastery of age-related tasks  
 Perseverance  
 Diligence  
 Self-control  
 Cooperation  
 Compromise versus competition

As an adult

Able to use logic and problem-solve well  
 Able to set goals and work toward them

**V IDENTITY**Characteristics

Feelings of internal stability  
 Feelings of sameness  
 Feelings of continuity  
 Feelings of wholeness  
 Feelings of uniqueness  
 Responsible  
 Loyal  
 Commitment to a value system

As an adult

Know how to fit into society.  
 Sense of consistency with real and ideal self

**VI INTIMACY**Characteristics

Mutual trust  
 Sharing of feelings  
 Responsibility to significant others  
 Shares identity without loss of self  
 Loving, patient, kind  
 Not jealous, boastful, arrogant or rude

As an adult

Has warm, sharing relationships with adults  
 Willing to commit to others

**INFERIORITY**

Feels inadequate

Feels defeated.  
 Unable to learn tasks easily  
 Appears lazy to others  
 Unable to stick to plan  
 Unable to compete, compromise, cooperate

Doesn't enjoy work or try new tasks.  
 Aggressive, bossy, hypercompetitive  
 Lacks perseverance, meek, isolated

**ROLE-DIFFUSION**

Self-conscious.  
 Doubtful of self.  
 Confused about social role  
 Impotent  
 Insecure  
 Disillusioned  
 Alienated

Vacillates in decision-making  
 Appears brazen  
 Avoids adult company and behavior  
 Fears loss of uniqueness

**ISOLATION**

Self-absorption  
 Unable to be intimate, spontaneous  
 Withdrawn, lonely, conceited  
 Behaves in stereotypical way  
 Repeated, unsuccessful relations  
 Overextends without real interest in activity  
 Lives a façade  
 Makes pretentious claims  
 Distrustful, pessimistic, ruthless  
 Vacillates in behavior

Lacks close relationships  
 Feelings of loneliness  
 Often bitter

**VII GENERATIVITY**

Characteristics

Concern for providing for others is as great as  
concern for providing self  
Sense of enterprise  
Charity, altruism, perseverance  
Collaborates well with others  
Receives gratification from jobs well done,  
What can be given to others.  
Accepts self in total (i.e., body and personality)

**VIII EGO INTEGRITY**

Characteristics

Accepts life as own  
Defends meaning and dignity of own life style  
Anticipates peaceful transition  
Accepts spiritual self

**SELF-ABSORPTION**

Regression to adolescence or earlier  
Behavior characterized by physical  
and psychological invalidism.  
Dislikes own body.  
Feels inept at handling self  
physically or interpersonally.  
Operates on "slim margin" therefore  
easily burned out  
Withdrawn  
Resigned  
Isolated  
Rebellious  
Unable to give to others

**DESPAIR**

Wants another chance at life  
Hypercritical of others  
Fearful of death  
Projects own self-disgust  
Feels inadequate  
Chronic hostility

Compiled from a variety of sources.



<i>IDENTITY</i>	<i>INTIMACY</i>	<i>GENERATIVITY</i>	<i>EGO INTEGRITY</i>	<i>TRANSFORMATION</i>
11-12 to early 30's	Mid 20's to 40's-50's	Mid life to early 60's	Early 60's to Transformation	Post Ego Integrity
<p>Devotion</p> <p>Fidelity</p> <p>Self Identity</p> <p>Role-Clarification</p>	<p>Affiliation with Individuation</p> <p>Being in Love</p> <p>Intimacy</p> <p>Sense of uniqueness</p>	<p>Production</p> <p>Caring</p> <p>Continuity</p> <p>Projection of life work</p>	<p>Renunciation</p> <p>Wisdom</p> <p>Ego-Integrity</p> <p>Satisfaction with life</p>	<p>Peace, Cosmic Understanding and Compassion</p> <p>Virtue</p> <p>Reuniting spiritual energy with soul</p> <p>Reconnecting</p> <p>Letting go of human form</p> <p>Acceptance of life</p> <p>Despondency about life</p> <p>Transitioning</p> <p>Letting go of human form</p> <p>Giving up on human form</p>
<p>Ability to define own roles.</p> <p>Total role confusion</p>	<p>Interconnectedness</p> <p>Sense of "you" and "Me"</p> <p>Sense of Self. influenced by others.</p>	<p>Awareness of life purpose</p> <p>Awareness of life purpose</p>	<p>Awareness of mistakes</p> <p>Sense of Life Purpose</p>	<p>Individualization</p> <p>Distantiation</p> <p>Role Clarity</p> <p>Self-Absorption</p> <p>Recognizes life work</p>

Table 5.1 Developmental residual by stage of development



**Appendix D**  
**Notes on Piaget's Cognitive Theory**  
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**NOTES ON PIAGET**

	SYMBOLISM	CAUSALITY	PREDICTING THE FUTURE
Sensorimotor	cue that something is to come no discrimination between cue and response no object permanence totally a private experience	object-action sequence are intertwined one link relates to next dreams, etc. experienced as real	no variability in sequence
Preoperational	connects cue and response	reasoning is particular to particular (transductive)	expects identical occurrence of events
egocentrism	classification is based on personal experience	non-reversibility of relationship	
irreversibility	objects are related to self experience with missing elements new classifications	no differentiation of self and actions animism and artificialism  magic	
Concrete	classification goes beyond appearance	relationship based in empirical observations	predictions possible
ordering	both private and shared signs exist	reversibility in relations	
conservatism hierarchy		separation of self's actions	
Formal	classification by combinations mostly shared signs	hypothetical relations	if, then

*Notes:*

- 1) *Any response (behavior) is equally a representation of what is inside the individual as well as what is in the environment.*
- 2) *If the stimulus can not be assimilated, it does not exist; to be assimilated the individual needs sufficient biological development to assimilate/accommodate.*
- 3) *Structuring is the beginning of meaningful knowing behavior.*
- 4) *Schema include reflexes, perceptions, motor behavior.*
- 5) *Regarding signifiers: sign has social implications, language is a social vehicle, and symbols are idiosyncratic.*