### Appendix C
A Preliminary Taxonomy of Eriksonian Developmental Attributes
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#### I. TRUST
**Characteristics**
- Confidence
- Optimism
- Reliance on self and others
- Faith that the world can satisfy needs
- Sense of hope or belief in the attainability of wishes in spite of problems, without overestimation of results

**As an adult**
- Optimistic, confident, reliance on self
- Faith that needs will be met somehow
- Sense of hope of attaining wishes without overestimation of results

### MISTRUST
- Lack of self-confidence
- Pessimism
- Dependent on others, clingy
- Suspicious
- Feeling that things won’t turn out right

**As an adult**
- Controlling, sarcastic, aggressive, pathologically optimistic, never satisfied emotionally, lack of self-confidence, suspicious.
- Bitterness towards others
- Antagonistic

#### II. AUTONOMY
**Characteristics**
- Self-control over motor and sphincter muscles
- Ability to make & carry out decisions
- Can cope adequately with problems
- Can wait patiently
- Can give generously & can hold as indicated
- Can distinguish between own & other’s wishes and possessions
- Has feelings of good will and pride

**As an adult**
- Perceives ability to control own life,
  - Self-directed, strong will, persistent

### SHAME AND DOUBT
- Feelings of embarrassment, exposed, small, impotent, dirty
- Feelings of being fooled
- Feelings of wanting to hide
- Feelings of rage against self
- Defensive behaviors
- Uncertainty and mistrust
- Fear of unknown
- Lack of self-confidence

**As an adult**
- Feels nothing one does is good.
- Feels that others control one rather than one’s control of self.
- Overly compliant but angry,
  - Stubborn, aggressive, obstinate
  - Impulsive
  - Lack of responsibility
  - Wants to get away with things

#### III. INITIATIVE
**Characteristics**
- Enjoys activity
- Assertive
- Interest in learning
- Dependable

**As an adult**
- Assertive, able to take initiative, can delay gratification; a problem-solver

### GUILT
- Hesitates to participate in groups
- Defeatist attitude, hostile
- Feelings of being deterred
- Feels responsible when not
- Feelings of shame, being bad.

**As an adult**
- Conflict between ideal and real self
- Rigid superego, self-punishing.
- Bitterness toward restrictive adults
IV INDUSTRY
Characteristics
Interest in doing the work of the world, feeling one can learn and solve problems.
Responsible work habits and attitudes.
Mastery of age-related tasks
Perseverance
Diligence
Self-control
Cooperation
Compromise versus competition

As an adult
Able to use logic and problem-solve well
Able to set goals and work toward them

INFERIORITY
Feels inadequate
Feels defeated.
Unable to learn tasks easily
Appears lazy to others
Unable to stick to plan
Unable to compete, compromise, cooperate

Doesn’t enjoy work or try new tasks.
Aggressive, bossy, hypercompetitive
Lacks perseverance, meek, isolated

V IDENTITY
Characteristics
Feelings of internal stability
Feelings of sameness
Feelings of continuity
Feelings of wholeness
Feelings of uniqueness
Responsible
Loyal
Commitment to a value system

As an adult
Know how to fit into society.
Sense of consistency with real and ideal self

ROLE-DIFFUSION
Self-conscious.
Doubtful of self.
Confused about social role
Impotent
Insecure
Disillusioned
Alienated

Vacillates in decision-making
Appears brazen
Avoids adult company and behavior
Fears loss of uniqueness

VI INTIMACY
Characteristics
Mutual trust
Sharing of feelings
Responsibility to significant others
Shares identity without loss of self
Loving, patient, kind
Not jealous, boastful, arrogant or rude

As an adult
Has warm, sharing relationships with adults
Willing to commit to others

ISOLATION
Self-absorption
Unable to be intimate, spontaneous
Withdrawn, lonely, conceited
Behaves in stereotypical way
Repeated, unsuccessful relations
Overextends without real interest in activity
Lives a façade
Makes pretentious claims
Distrustful, pessimistic, ruthless
Vacillates in behavior

Lacks close relationships
Feelings of loneliness
Often bitter
VII GENERATIVITY
Characteristics
Concern for providing for others is as great as concern for providing self
Sense of enterprise
Charity, altruism, perseverance
Collaborates well with others
Receives gratification from jobs well done,
What can be given to others.
Accepts self in total (i.e., body and personality)

SELF-ABSORPTION
Regression to adolescence or earlier
Behavior characterized by physical and psychological invalidism.
Dislikes own body.
Feels inept at handling self physically or interpersonally.
Operates on “slim margin” therefore easily burned out
Withdrawn
Resigned
Isolated
Rebellious
Unable to give to others

VIII EGO INTEGRITY
Characteristics
Accepts life as own
Defends meaning and dignity of own life style
Anticipates peaceful transition
Accepts spiritual self

DESPAIR
Wants another chance at life
Hypercritical of others
Fearful of death
Projects own self-disgust
Feels inadequate
Chronic hostility

Compiled from a variety of sources.
<table>
<thead>
<tr>
<th>TASK: INTEGRATION OF SPIRIT</th>
<th>BUILDING TRUST</th>
<th>ACQUIRING AUTONOMY</th>
<th>TAKING INITIATIVE</th>
<th>INDUSTRY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>TIME FRAME:</strong></td>
<td>Pre-birth to shortly after birth</td>
<td>≈ birth to 12-15 mths.</td>
<td>12-36 mths</td>
<td>2 to 2.5 yrs – 5 to 7 yrs</td>
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<td>Residual Continuum</td>
<td>Positive</td>
<td>High</td>
<td>Low</td>
<td>Low</td>
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<td>Negative</td>
<td>Low</td>
<td>High</td>
<td>High</td>
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<td>Resources</td>
<td>Virtue</td>
<td>Groundedness</td>
<td>Hope</td>
<td>Will-power</td>
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<td>Strengths</td>
<td>Awareness</td>
<td>Drive towards the future</td>
<td>Self-control</td>
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<tr>
<td>Stage of Development</td>
<td>Self Identity</td>
<td>Role-Clarification</td>
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<tr>
<td>Devotion</td>
<td>Sense of uniqueness</td>
<td>Ability to define own roles.</td>
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<td>Fidelity</td>
<td>Sense of Self, influenced by others.</td>
<td>Total role confusion</td>
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<td>Affiliation with Individuation</td>
<td>Intimacy</td>
<td>Individualization</td>
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<tr>
<td>Being in Love</td>
<td>Sense of “you” and “Me”</td>
<td>Individuate from “we” to “me”</td>
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<td>Production</td>
<td>Continuity</td>
<td>Role Clarity</td>
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<td>Caring</td>
<td>Projection of life work</td>
<td>Recognizes life work</td>
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<td>Renunciation</td>
<td>Ego-Integrity</td>
<td>Sense of Life Purpose</td>
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<td>Wisdom</td>
<td>Satisfaction with life</td>
<td>Awareness of life mistakes</td>
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<tr>
<td>Peace, Cosmic Understanding and Compassion</td>
<td>Reconnecting</td>
<td>Transitioning</td>
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<tr>
<td>Virtue</td>
<td>Reuniting spiritual energy with soul</td>
<td>Letting go of human form</td>
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<td></td>
<td>Letting go of human form</td>
<td>Giving up on human form</td>
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</tbody>
</table>

Table 5.1 Developmental residual by stage of development
### NOTES ON PIAGET

<table>
<thead>
<tr>
<th>SYMBOLISM</th>
<th>CAUSALITY</th>
<th>PREDICTING THE FUTURE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Sensorimotor</strong></td>
<td>cue that something is to come</td>
<td>object-action sequence are intertwined</td>
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<tr>
<td></td>
<td>no discrimination between cue and response</td>
<td>one link relates to next</td>
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<td></td>
<td>no object permanence</td>
<td>dreams, etc. experienced as real</td>
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<td></td>
<td>totally a private experience</td>
<td></td>
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<tr>
<td><strong>Preoperational</strong></td>
<td>connects cue and response</td>
<td>reasoning is particular to particular (transductive)</td>
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<tr>
<td><strong>egocentrism</strong></td>
<td>classification is based on personal experience</td>
<td>non-reversibility of relationship</td>
</tr>
<tr>
<td><strong>irreversibility</strong></td>
<td>objects are related to self experience with missing elements new classifications</td>
<td>no differentiation of self and actions animism and artificialism</td>
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<tr>
<td></td>
<td></td>
<td>magic</td>
</tr>
<tr>
<td><strong>Concrete</strong></td>
<td>classification goes beyond appearance</td>
<td>relationship based in empirical observations reversibility in relations</td>
</tr>
<tr>
<td><strong>ordering</strong></td>
<td>both private and shared signs exist</td>
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<tr>
<td><strong>conservatism</strong></td>
<td></td>
<td>separation of self’s actions</td>
</tr>
<tr>
<td><strong>hierarchy</strong></td>
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<tr>
<td><strong>Formal</strong></td>
<td>classification by combinations mostly shared signs</td>
<td>hypothetical relations</td>
</tr>
</tbody>
</table>

**Notes:**

1) *Any response (behavior) is equally a representation of what is inside the individual as well as what is in the environment.*

2) *If the stimulus can not be assimilated, it does not exist; to be assimilated the individual needs sufficient biological development to assimilate/accommodate.*

3) *Structuring is the beginning of meaningful knowing behavior.*

4) *Schema include reflexes, perceptions, motor behavior.*

5) *Regarding signifiers: sign has social implications, language is a social vehicle, and symbols are idiosyncratic.*