

WHAT IS INTUITION?

- ✓ **A natural ability, another way to receive knowledge based on emotions/inner thoughts/sensations/ hunches.**
- ✓ **An innate sense of what is seen (clairvoyance) or sounds (clairaudience) right.**
- ✓ **A sense that guides you to think or act a certain way without fully understanding why, (clairsentience.)**

Intuitive Knowing Can include facts and reasoning.

INTUITION CAN ALSO BE DEFINED AS AN EGO STATE OF RECEPTIVITY

WHAT TO CALL “A LEVEL OF PERCEPTION NOT NECESSARILY CONSCIOUS.”

You can call it anything you want. I call it hypnosis, relaxation, various terms. I like to call it comfortable self-awareness. I like to teach my patients a comfortable self-awareness.

And I'd like to have all of you from time to time become comfortably aware, aware in an inward sort of way of yourself.

Milton H Erickson

UTILIZATION OF INTUITION
INTUITIVE WISDOM COMES FROM:

Baby Thoughts & Mini & Ideas.

Emotions, Sensations, Sensory Images & Hunches
that Emerge into the Conscious Mind.

Be Mindful of What is Evoked.