The ACE SCHEMA

Can be
Linear or Circular

1. **ACCEPT** the Wise Guidance of the Inner Mind. *(Another Way to Know.)*

2. **CULTIVATE** Your Intuitive Skills.
   *(and Guide Clients to Cultivate Their Own.)*

3. **EXPLORE** the Power of Intuition.
   *(and the Clinical Benefits of an Intuitive Approach.)*
1. Accept...

That

*Intuition Can:*

- Be Another Way of Knowing.
- Be a State of Receptivity for Impressions & Information from the Wise Mind, Unconscious Mind.
  - Increase BRIEF Clinical Efficacy.
  - Embody a State of Mindfulness.
  - Evoke Effective Clinical Magic.
2. CULTIVATE

Mindful Awareness of Evocative Experiences.

What Do You See, hear, feel?

What Thoughts, Emotions & Sensations Are Evoked?

What Metaphors & Memories Come to Mind?

As You Gaze, What Do You Experience?
3. Explore

Breathe...

Enter a state of readiness to create experiential moments.

Be mindful of what you experience.

Notice your inner senses.

Use your imagination.

Trust what is elicited.