

# The ACE SCHEMA

*Can be*  
Linear or Circular

1. ***ACCEPT*** the Wise Guidance of the Inner Mind. (Another Way to Know.)
2. ***CULTIVATE*** Your Intuitive Skills. (and Guide Clients to Cultivate Their Own.)
3. ***EXPLORE*** the Power of Intuition. (and the Clinical Benefits of an Intuitive Approach.)

# *1. Accept ...*

## That *Intuition Can:*

- ❖ Be Another Way of Knowing.
- ❖ Be a State of Receptivity for Impressions & Information from the Wise Mind, Unconscious Mind.
- ❖ Increase BRIEF Clinical Efficacy.
- ❖ Embody a State of Mindfulness.
- ❖ Evoke Effective Clinical Magic.

## 2. CULTIVATE



Mindful Awareness  
of Evocative Experiences.

What Do You See, hear, feel?

What Thoughts, Emotions & Sensations Are Evoked?

What Metaphors & Memories Come to Mind?

As You Gaze, What Do You Experience ?

### 3. Explore

Breathe...

**ENTER A STATE OF  
READINESS TO CREATE  
EXPERIENTIAL MOMENTS.**

Be Mindful of **What**  
You Experience.

Notice Your Inner  
Senses.

Use Your Imagination.

Trust What is Elicited.

